by Alexa Joy Sherman, Nicole Tocantins
"We've all heard the old saying "He's not going to buy the cow if he's getting the milk for free"—that ubiquitous adage the aging masses..." (more)
SIPs: casual coitus, had casual sex, having casual sex, fifteen reps
CAPs: Los Angeles, Happy Hook-Up, New Jersey, San Francisco, Chapel Hill (more)

List Price: $14.95
Price: $10.17 & eligible for FREE Super Saver Shipping on orders over $25. See details
You Save: $4.78 (32%)
Availability: Usually ships within 24 hours. Ships from and sold by Amazon.com. See more on holiday shipping.
Want it delivered Wednesday, December 14? Order it in the next 20 hours and 46 minutes, and choose One-Day Shipping at checkout. See details

66 used & new available from $2.60

Your tags: Add your first tag (What's this?)

Better Together
Buy this book with The Hookup Handbook: A Single Girl's Guide to... by Jessica Rozler today!
Total List Price: $29.90
Buy Together Today: $20.34

Have one to sell? Sell

More Buying Choices
66 used & new from $2.60

Case 1:05-cv-01760-EGS   Document 23-5   Filed 12/12/2005   Page 1 of 8
Customers who bought this book also bought


Date Like A Man: What Men Know About Dating and Are Afraid You’ll Find Out by Myreah Moore

Why Men Love Bitches: From Doormat to Dreamgirl-A Woman's Guide to Holding Her Own in a Relationship by Sherry Argov

Be Honest--You're Not That Into Him Either: Raise Your Standards and Reach for the Love You by Ian Kerner

The Player's Handbook: The Ultimate Guide on Dating and Relationships by Heidi Fleiss

Explore Similar Items: in Books

Editorial Reviews

Book Description
Mindless fling, harmless hook-up, booty call, friends with benefits. Call it what you want, but let honest: more females than ever are choosing to stay single—and sleeping around has become accepted, if not expected, part of the singles scene. But while casual sex is no longer a girl’s dirty secret, it’s not always as easy as it’s often made out to be.

In THE HAPPY HOOK-UP, two 30-something women who have done hard time in the casual sex address the various issues that single women face before, during, and after hooking up. Using interviews with a variety of experts, THE HAPPY HOOK-UP explores the physical, behavioral, and emotional issues that go along with doing the casual deed.

Accompanying the authors’ sardonic and sage advice is an array of entertaining and educational anecdotes from women who’ve hooked up and survived to share their enlightening tales. They on such important issues as planning ahead (go easy on the alcohol—and the fiber), special enge (celebrity screws; workplace whoopie), and the awkward moments after (the phone number ex breakfast in public). Featuring quizzes and checklists to gauge the reader’s casual sex readiness as glimpses into getting lucky from the male perspective, The Happy Hook-Up looks at commitment fun from a smart and empowering perspective.

About the Author
Before ALEXA JOY SHERMAN became senior editor at Shape magazine, she worked at the popular magazine Jump. She spent six years in the music industry doing publicity and marketing for Ca Records and working as senior editor at the trade magazine HITS. She lives in Los Angeles, Cal

NICOLE TOCANTINS works as a production coordinator and reviewer at HITS (where she and Smet) and runs her own music supervision company. She is also a stellar comedic actress; her fe work includes roles in The Opposite of Sex and Bounce, and her television credits include Seinfe Dharma and Greg. She lives in Los Angeles, California.

Product Details

Paperback: 296 pages
Publisher: Ten Speed Press (October, 2004)
Language: English
ISBN: 1580086098
We've all heard the old saying "He's not going to buy the cow if he's getting the milk for free"—a ubiquitous adage the aging masses (particularly our parents) throw around in a futile effort to keep our pants on or at least hold out for a marriage proposal. Read the first page

Statistically Improbable Phrases (SIPs):
casual coitus, had casual sex, having casual sex, fifteen reps

Capitalized Phrases (CAPs):
Los Angeles, Happy Hook-Up, New Jersey, San Francisco, Chapel Hill, Durex Global Sex Survey, Carolina, Anka Radakovich, Long Island, Santa Cruz

New!
Books on Related Topics | Concordance | Text Stats

Browse Sample Pages:
Front Cover | Copyright | Table of Contents | Excerpt | Index | Back Cover | Surprise Me!

Search Inside This Book:

Customers interested in this title may also be interested in:
Find Girl Happy
We have what you're looking for. Girl Happy & much more!
www.eWoss.com

Customers who viewed this book also viewed
Fearless Sex: A Babe's Guide to Overcoming Your Romantic Obsessions and Getting the Sex Life You Deserve by Joy Davidson
The Lazy Girl's Guide to Good Sex by Anita Naik
Men Are Like Fish: What Every Woman Needs to Know About Catching a Man by Steve Nakamo
Brief Encounters: The Women's Guide to Casual Sex by Emily Dubberley
The Straight Girl's Guide to Sleeping with Chicks by Jen Sincero

Explore Similar Items: in Books
Customer Reviews

Average Customer Review: ★★★★★
Write an online review and share your thoughts with other customers.

1 of 1 people found the following review helpful:

★★★★★ Great read, October 6, 2005
Reviewer: KKirk (Michigan) - See all my reviews
I really enjoyed this book a lot. Informative, funny, empowering, and written in a tasteful, respectful manner. I'm glad there are women authors like these who think outside the box and realize that they are taking charge and not sitting around and obsessing about whether or not he is going to call.

Was this review helpful to you?  Yes  No  (Report this)

3 of 3 people found the following review helpful:

★★★★★ Wonderful read!, July 29, 2005
Reviewer: Brooklyn Mueller (Green Bay, WI USA) - See all my reviews
This book was just absolutely wonderful!! At parts, I laughed, and at other parts, they were sex what the authors wanted to portray to the readers. This book is excellent for any single girl out there who wants to have "casual sex" with the no-strings attached method. This book also explores how wrong to have casual sex, because this has changed from the early years and ways of thinking. wonderful read!

Was this review helpful to you?  Yes  No  (Report this)

3 of 13 people found the following review helpful:

★★★★★ finally, it's all easy for us guys!, June 12, 2005
Reviewer: C. Falcone "bungalow" (orlando, florida United States) - See all my reviews
ATTENTION ALL FELLOW MALES: This book is da winner! It finally confirms what we all have been advocating for 6000 years: make women as easy and shall we say, slutty as possible with no commitments, strings, promises or hard work attached! Fan-tastic. Now we don't have to compete with each other so the best and most quality stand up guy wins the girl; now we're ALL winners and us da booty as much as, and anytime we please. Thanks hook-up ladies, for finally becoming women we've been wanting you to become for sooo long but had to work so hard at trying to get. [Only problem when I hang with a lady at the bar and then finally spring the question, "so you wanna do it too called every stereotypical name in the book? How come? You think this is the old double standard its ugly head again, or maybe *some* ladies are STILL ladies, have a little class, and a few scrubs, then the hook-up gals are kinda spoilin it for the classy ones, wouldn't you say? But anyway hook up girls, and keep those freebies comin'----we guys love it! A greatful male on the prowl in Florida.

Was this review helpful to you?  Yes  No  (Report this)
4 of 4 people found the following review helpful:

⭐⭐⭐⭐⭐ Well done!, May 3, 2005
Reviewer: Devora "Single and happy" (Ohio) - See all my reviews

I thought this book was just wonderful. As a woman in her forties who went through a bad divorce wasn't sure it would apply to me...I thought it might just be for the hot, young girls out there. I figured, what the heck -- I am a single girl (or woman) again, so I may as well see what my options now that I've got them again.

Much to my delight, this book was full of funny stories from all kinds of women. They illustrated valuable points, all while making me laugh and realize that being single really can be an opportunity to explore your sexuality if you're smart and emotionally stable enough to handle it.

I applaud this book for addressing the subject matter responsibly. There are a lot of serious issues to consider when you have casual sex and as this book points out, if you consider those and feel comfortable, then you have as much right as any man to go out and enjoy it for what it is.

Was this review helpful to you? Yes No (Report this)

3 of 3 people found the following review helpful:

⭐⭐⭐⭐⭐ Awesome!!!, April 5, 2005
Reviewer: Jo Jo (Seattle) - See all my reviews

I can't say enough good things about this book. I bought it around Valentine's Day, right around the time my boyfriend and I broke up (of course! I never seem to have a boyfriend on that holiday!)

At the time, I was thinking about having casual sex with a friend of mine, just to get me over the breakup. After reading this book and taking some of the advice to heart, I realized that it probably wouldn't be a good idea for me to act on my impulse to go for it with my friend. That's not to say that other people shouldn't have a "friends with benefits" type of relationship, I just realized in reading this book that it probably wouldn't be right for me and that I should put some thought into it before jumping into it.

BUT, I also realized that at a certain point, casual sex might be right for me and that it could be a good thing to do if I met the right guy, found the right situation. Well, I just had the right situation come along and I feel really good about it! Since the guy was someone I wouldn't really want to get serious about -- we had fun, but that's all it was. If I hadn't had this book, I'm not sure what I would be feeling, but this book really helped me figure out how to know when the timing is right when it's not. When it IS right, having a one-night stand can be a nice way to have some fun waiting for Mr. Right to come along.

There's a lot of other great info in the book too and lots of stories from women that remind me of situations I might have been in myself at one point or another. It's nice to know that I'm not the only one going through all these things. I learned a lot from reading the stories from other women in this.

It's all just really good info and a fun read.

Was this review helpful to you? Yes No (Report this)
2 of 5 people found the following review helpful:

⭐⭐⭐⭐⭐ so true, March 17, 2005
Reviewer: summer babe "clovester" (NY) - See all my reviews
this book covers the same topic as a newer title "the hookup handbook". This one is definitively interesting, because as you read it you know most of its true! Let's face it today dating has changed an level playing field as far as sex. It doesn't make you slutty, this book covers all the things you need to know if you do decide to go this route. If you live in any city with any kind of bar scene this is exactly what happens, so don't listen to someone in the texas, do they even have cable television?

Was this review helpful to you?  Yes  No  (Report this)

Listmania!

Great books for the beach!:
A list by SingleCityChick "dating diva e...

Straight Up and Dirty and other...:
A list by SingleCityChick "dating diva e...

The Hookup - Who and Who Not to...:
A list by SingleCityChick "dating diva e...

Create a Listmania! list

So You'd Like to...

ENHANCE YOUR PEOPLE SKILLS FOR DATING!:
A guide by Steve Nakamoto, Host of iVillage.com's "Ask Mr. Answer Man" messa...

DON'T DATE THE WRONG MAN FOR LOVE!:
A guide by Steve Nakamoto, Host of iVillage.com's "Ask Mr. Answer Man" messa...

WHY HE'S NOT THAT INTO YOU ANYMORE!!!:
A guide by Steve Nakamoto, Host of iVillage.com's "Ask Mr. Answer Man" messa...

Create a So You'd Like to... guide

See all 20 customer reviews
Comments or Examples:
Examples: Missing information such as dimensions and model number, typos, inaccuracies, etc.

Submit